Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Friday 28 Jul 2023 until 23:59 on Saturday 29 Jul 2023

Forecast Issued on Friday 28 Jul 2023 at 01:23 by Met Office Aberdeen

Confidence: High for Friday. High for unsettled weather to continue over the weekend and early next week.

Headline for Friday 28 Jul 2023: Mainly dry with bright spells, a few early light showers

Mountain weather hazards on Friday 28 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Light rain	Sunny intervals	Sunny intervals	Sunny intervals	Light rain
Precipitation probability					
20%	40%	20%	20%	20%	30%

Forecast for Friday 28 Jul 2023

Weather: A lot of dry weather expected through the day with variable cloud cover and some bright or sunny intervals. Small a chance of a brief shower in the morning and more especially through the evening.

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Cloud down to 750 metres in morning showers then good visibility with cloud mostly above summits

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 28 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	18/20 SE	17/21 SE	20/27 S	19/26 S	19/25 S	24/31 S	22/28 S
900	10/14 S	12/17 SE	15/21 S	15/21 S	14/20 S	18/24 S	16/22 S
600	8/10 NE	7/10 SE	16/22 SW	15/21 SW	16/22 S	22/28 S	20/25 S
300	3/4 N	6/10 E	11/16 SW	10/16 SW	11/18 S	11/19 SE	10/17 S
Glen	1/3 SE	3/8 SE	9/17 SW	10/18 SW	7/14 S	5/14 S	7/17 S

Height (m)	Temperature / Feels Like (°C)						
1300	7/3	7/3	8/4	8/4	7/3	6/1	6/1
900	8/6	10/7	11/8	11/9	10/8	9/6	9/6
600	12/10	12/11	13/10	13/11	13/10	12/9	11/8
300	12/12	14/13	14/13	15/14	15/13	14/12	13/12
Glen	13/14	16/16	17/16	18/16	17/16	16/15	15/14
Freezing Level*	2300m	2300m	2100m	2100m	2300m	2400m	2400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing to add

Forecast for Saturday 29 Jul 2023
Weather: A windy day with sunny intervals and passing showers, these becoming frequent and heavier through the afternoon and evening with a chance of thunder.

Maximum wind: Southwesterly average speeds of 25 mph with gusts to 35 mph on the summits, but nearer 45 mph on the very highest tops

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Mostly good visibility, some patchy cloud around 500 metres at first otherwise cloud occasionally lowering to 850 metres as heavier showers pass by

Temperature: **Glens:** Plus 11 rising to 18 Celsius
At 800m: Plus 10 Celsius
Freezing level: Above summits

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